

The road ahead for seniors

Helpful advice for senior drivers



Kia ora koutou

This pamphlet discusses the key booklets that Waka Kotahi NZ Transport Agency has available for seniors, and the support services that can help you.

From the age of 65 onwards, you need to renew your driver licence more frequently. From the age of 75, these more frequent renewals involve a medical check, so that you can be sure that you are safe on the roads.

Seniors lead active lives and use a variety of transport options. As we get older, it's important to maintain our independence and ability to get around so we can stay connected to services, our family/whānau, friends and communities.

Find out more in our free booklets: www.nzta.govt.nz/senior-drivers

Six good things to know

1. Licence renewal is more frequent for seniors

The 10-year renewal period begins to shorten when you turn 65, as you need to renew at 75 with a medical check.

The next age for renewal is 80, then every two years after that.

Find out more in our booklet:
Renewing your driver licence as a senior



2. Staying Safe refresher courses are freely available

These free driver theory courses give you a refresher on traffic rules and safe driving practices. They also give you tips on other transport options to help you keep mobile.



Find out more:
www.nzta.govt.nz/staying-safe



3. It's good to check out your car and yourself

Senior drivers have a wealth of life experience and knowledge which helps make them safer drivers. However, it's good to be aware of the key information that can make you as safe as possible.

Find out more in our booklet:
Driving safely as a senior



4. There are many transport options you can consider

At age 65, all seniors are entitled to a SuperGold card, which allows you to access free off-peak travel on public transport. If you have a health condition which affects your mobility, you may also be entitled to the Total Mobility Scheme's discounted taxi fares.

Find out more in our booklet:
Getting around as a senior



5. The roads are changing and getting busier

Nowadays, there are more drivers and road networks are always changing. Our road rules booklet provides a summary of the things that people most commonly have questions about, including roundabouts, giving way at intersections and traffic lights.

Find out more in our booklet:
Road rules refresher for seniors



6. You can be a support to those around you

There's a range of things to consider when talking about driving issues and transport options. Our support booklet has tips for these conversations, as well as resources that can help you and those close to you.

Find out more in our booklet:
Supporting senior drivers



All these booklets are also available online
www.nzta.govt.nz/senior-drivers

Support services

Age Concern

www.ageconcern.org.nz

0800 652 105

national.office@ageconcern.org.nz

Office for Seniors

www.superseniors.msd.govt.nz

osc@msd.govt.nz

Local councils

www.localcouncils.govt.nz

Click on 'Council Profiles'

Neighbourhood support

www.neighbourhoodsupport.co.nz

0800 463 444

NZ Automobile Association (AA)

www.aa.co.nz/contact-us

0800 500 444

Waka Kotahi

NZ Transport Agency

www.nzta.govt.nz/senior-drivers

0800 822 422

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