

Let's Kōrero

Over 1,000 women in Aotearoa
New Zealand will be diagnosed
with a gynae cancer this year.

It's time to talk
to your mothers,
sisters, daughters
and friends –
before it's too late.

#LetsTalkAboutGynaeCancer

The five Gynae Cancers

Educating, informing and supporting
women with gynaecological cancer.

For the Love of Women

We love women and we want all women to lead healthy, happy and fulfilling lives. Sadly in Aotearoa New Zealand, too many women are affected by one of the **five gynaecological cancers**:

- **Cervical**
- **Endometrial (Uterine)**
- **Ovarian**
- **Vaginal**
- **Vulval**

We exist to inform and educate women about the symptoms of gynaecological cancers through public forums, information displays and open kōrero – because we know that early detection saves lives.

Help us, help you.



Scan the QR code to **donate today** and help us to continue to raise awareness of the five gynae cancers.

Q&A

1: What are some of the symptoms of gynaecological cancer?

Symptoms vary between the five cancers but common symptoms include:

- Vaginal bleeding or spotting between periods
- Vaginal bleeding or spotting after periods have stopped (after menopause)
- Bleeding or spotting after sex
- Unusual and persistent vaginal discharge.

Head to our website for specific symptoms:
www.nzgcf.org.nz

2: Does a smear test detect all five gynaecological cancers?

NO. It only screens for cervical cancer. You must be vigilant and seek medical advice or see your doctor for the other cancers if you experience symptoms that are new, unusual, or getting worse.

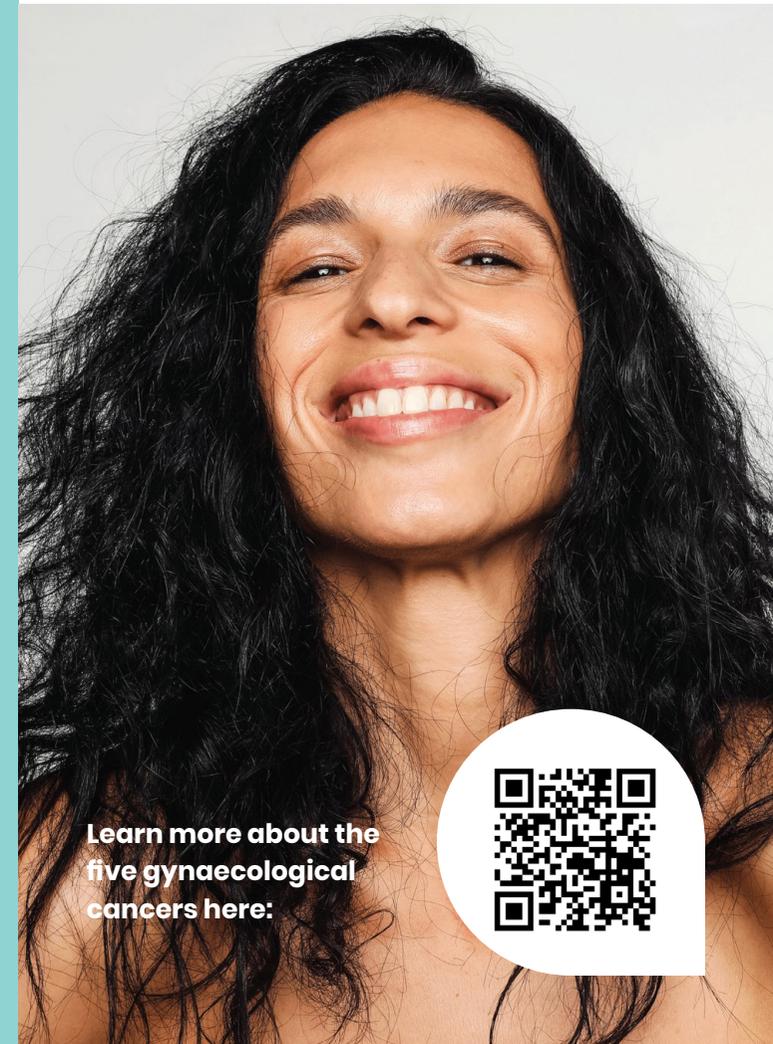
3: What if I see a doctor and they say it's nothing?

Don't be afraid to get a second, third, or fourth opinion. For example, on average, women with ovarian cancer have to visit their doctor three to five times about their symptoms before being offered a CA-125 blood test and ultrasound.

4: What is HPV?

HPV stands for human papillomavirus, a group of very common viruses that infect about four out of five people at some time in their lives. You can vaccinate against HPV to prevent contracting the virus. Speak to a health professional today.

Early detection saves lives.



Learn more about the **five gynaecological cancers here:**

