



**GUT CANCER
FOUNDATION**

RESEARCH & AWARENESS

OE SOPHAGUS | STOMACH | LIVER | GALLBLADDER | PANCREAS | BOWEL

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Pancreatic Cancer Awareness Information

The Gut Cancer Foundation raises awareness of the risk factors and signs of gut cancers to promote earlier detection.

The causes of the majority of pancreatic cancer is unknown but research has identified the following risk factors that may increase the likelihood of developing pancreatic cancer.

Age: Risk increases with age, most people are diagnosed with pancreatic cancer over 60.

Smoking: people who smoke are two times more likely to develop pancreatic cancer than those who have never smoked.

Family History: Those who have two or more first degree relatives who have had pancreatic cancer may have an increased risk.

Obesity: Global research suggests obesity increases the risk of developing pancreatic cancer by 20%.

Diabetes: Pancreatic cancer is more likely to occur in people who have long-standing diabetes (more than 5 years). New onset diabetes in people aged 50+ can also be a symptom.

Alcohol: Some studies have shown a link between heavy alcohol use and pancreatic cancer.

Pancreatitis: Chronic pancreatitis indicates an increased risk of developing pancreatic cancer, it's even higher in people with hereditary pancreatitis.



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If some of these risk factors apply to you and you have any of the following symptoms, please talk to your GP immediately.

Symptoms may include...



INDIGESTION



ABDOMINAL
PAIN OR
BACK PAIN



UNEXPLAINED
WEIGHT LOSS



NAUSEA



LOSS OF
APPETITE



CHANGES TO
OR NEW-ONSET
OF DIABETES



CHANGES IN
BOWEL HABIT



FATIGUE