



## What is My Homecare?

My Homecare is an optional free online tool we offer to our clients that allows you and your families to have greater choice and control of your home support services online. You can easily schedule and track your preferred care times, share information about your care plan with your support groups, and enable your carer to submit timesheets online. Or we can fully manage you support if that is what you prefer.

If you want to sign up and start using My Homecare, please call [0800 002 722](tel:0800002722) or email [myhomecare@healthcarenz.co.nz](mailto:myhomecare@healthcarenz.co.nz).



## Fully Funded Home Support

Our services are FREE to those eligible for government funded support. We also provide private funded services.

## Connect with us

For advice, contact your GP, healthcare professional, NASC, Services Connector or ACC Coordinator for a referral, or simply contact us and we can guide you through the process

[0800 002 722](tel:0800002722)  
[info@healthcarenz.co.nz](mailto:info@healthcarenz.co.nz)  
[www.healthcarenz.co.nz](http://www.healthcarenz.co.nz)

# Fully Funded Support at Home

Home & Community Support  
Nursing Services



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## Why choose HealthCare NZ?

Bringing healthcare back to the place you call home has been our vision since 1988. Haukāinga (home) is where we feel a sense of belonging. It's the place we watched our whānau grow up, where neighbours look out for one another, and it's where we'd rather be when managing our health.



With our experience and expertise, you can rely on us to provide safe, person-centered support that is tailored to you.

We're here 24/7, so if you have any queries about your support or wellbeing, you can contact our Service Centre at any time.

Our nationwide local team can support you wherever you live, even if you move within New Zealand, we can arrange for your supports to continue.

We respect your choice to have someone you know as part of your paid support team.

We're certified to the New Zealand Health and Disability Sector Standards.

## Community & Rehabilitation Services

Our Community and Rehabilitation Services support Kiwis in need to reach their full potential and live an independent, happy life. As New Zealand's largest service provider, we've been enabling that independence through a comprehensive range of community based, in-home services, all overseen by a team of trained support workers and registered health professionals.

### We can support you with:

- Personal cares such as washing, dressing, grooming and toileting
- Home help tasks such as cleaning, vacuuming, and basic household chores
- Managing your meals
- Taking medication safely
- Exercises that will increase your mobility, coordination and confidence
- Learning new skills to manage symptoms of any illness you may have
- Keeping socially connected, such as being part of a community group, club or activity programme
- Providing supports that increase overall independence through a person-centred approach

## ACC Nursing Services & District Nursing Services

Our nurses are at the heart of a warm, caring community. We're backed by an on-call nurse available 24/7. You can depend on receiving the best care and support as you maintain your independence and quality of life, all within your own home and community. Our nursing services include:

### ACC Nursing

Our Nursing team provides all types of wound care for people with injuries approved by ACC who are assessed as being unable to make it to clinic appointments for wound dressings, due to age or physical challenges. We also work alongside people with long-term Nursing needs as a result of a serious injury.

### District Nursing (Christchurch only)

Our dedicated District Nursing team in Christchurch can support you with the following services: as well as early supported discharge from hospital, falls prevention programmes, palliative care and wound care management, we also offer specialist cardiopulmonary support and cardiothoracic support post-surgery, allowing you to return home from hospital earlier.

Please visit our website for more details.