A highly experienced team

Solora's experienced team have been delivering home and community support services for over 14 years, and can expertly coordinate your individualised, reliable, and high-quality package of support anywhere in New Zealand.

Our registered nurses will speak with you or your whānau/family to understand your situation and ensure our support services meet your individual needs. We make it easy for you to connect with our national network of home support and allied health partners.

Solora achieved a 100% pass rate in our last sector standards audit which requires people to be "empowered to make decisions about their own care and support in order to achieve their goals, with a stronger focus on outcomes for people receiving support".

Talk to us about how we can help you or your loved one to recover from injury or become as independent as possible.



Fully Funded Homecare Support

Contact us for advice or talk to your family doctor, nurse, hospital staff, or ACC case owner, for a referral to Solora's services.

Phone: 0800 725 705

Visit: www.solora.nz/homecare



Fully Funded Homecare Support

High-quality help at home after an injury.



Phone: **0800 725 705**

Visit: www.solora.nz/homecare



How we support your independence and wellbeing

Whether you have a short or long-term injury, our team can support you to recover from your injury and live as independently as possible in the comfort of your own home.

Our team will work with you to develop a support plan that meets your individual needs and preferences. We can support you with:

- ✓ Showering and getting dressed
- ✓ Home cleaning and laundry
- ✓ Meal preparation
- ✓ Shopping
- ✓ Childcare
- ✓ Nursing support
- Occupational and physiotherapy rehabilitation

Short term injury support

If you have a short-term injury, we can support you to recover at home and get back to doing the things you love.

Through our network of homecare and allied health partners we provide caring and professional assistance in your home and local community.

Long term injury support

If, following an accident, you have a long-term injury such as a spinal or traumatic brain injury, we can support you to find ways of living as independently as possible at home.

Long term injury support can range from a few hours a week through to 24-hour support. Solora offers high-quality care you and your whānau/family can trust through our network of accredited healthcare partners. We are here to support you to live your best life following a life long or serious injury.

Helping you to look after your children

We can also help care for your children while you recover from an injury. Trusted, qualified carers will provide the necessary day to day care of your children at home. Your peace of mind and whānau/family needs are our priority.

How to seek fully funded homecare support

If you or your loved one has had an injury, we can provide help at home to manage daily household management and personal care tasks that are fully funded by ACC.

Talk to your doctor, nurse, hospital staff or ACC case owner for a referral to Solora's service.

More choice and flexibility for you

Solora offers maximum choice and flexibility as your ACC home and community support supplier. We provide our services through a range of carefully selected local partners within your own community.

Our unique name is inspired by the life giver, the sun (Sol), and the Māori word ora, meaning life, health, and vitality.

